

# Fruits Trees

## TR2-20 - Antonovka Apple Tree

*Malus pumila*. Open Pollinated. The tree produces excellent yields of delicious apples. Used in making jelly, jam, pies, cider, and fermented into wine. It blooms flowers in April. It is a late fall, early winter apple cultivar. Cold Tolerant. It can tolerate harsh winters. Also excellent for schools, national parks, and government landscaping. The tree will grow 16 to 23 ft tall.



## TR27-10 - Hawaiian Lilikoi Fruit Tree (Passion Fruit)

*Passiflora edulis*. Open Pollinated. This seed produces vine-type trees that have edible tropical golden passion fruit. When ripe, passion fruit is enjoyed as a fruit, fruit juice, and used in cakes and frostings. Single passion fruit contains only 16 calories. A good source of potassium, iron, and vitamins A, C.



## TR25-10 - Hawaiian Papaya Tree Seeds

*Carica papaya*. Open Pollinated. Hawaiian Papaya Tree. The tree produces high yields of edible fruit. When ripe, papaya is enjoyed as a breakfast fruit. As a green fruit, islanders cook papaya in soups and stews. It is a good source of calcium, sugar, and vitamins A, and C. The trees can produce up to 100 fruits per year. Grows well in tropical regions. A variety from the USA.



## TR29-10 - Moringa Tree Seeds

*Moringa oleifera*. Open Pollinated. Moringa Tree. This tree produces excellent yields of edible slender fruits, commonly known as drumsticks. It is grown for its young seed pods and leaves, used as vegetables, and used as herbal medicine. In the Philippines and Indonesia, it is grown for its leaves, which are used as food. The leaves are the most nutritious part of the plant, being a significant source of Vitamin A, Vitamin B, Vitamin C, Vitamin K, and are high in Beta-Carotene, Manganese, and Protein. The leaves are cooked and used in a similar way as spinach and are dried and crushed into a powder for soups and sauces. The seeds are eaten like peas or roasted like nuts. It is also used for water purification. The fruits are prepared as a culinary vegetable, often cut into shorter lengths and stewed in curries and soups. The taste is similar to asparagus with a hint of green beans. The bark, sap, roots, leaves, seeds, and flowers are used in traditional medicine. It is a fast-growing, drought-resistant tree. It tolerates a wide range of soil conditions but prefers neutral to slightly acidic well-drained, sandy soil. In waterlogged soil, the roots have a tendency to rot. The Moringa is heat tolerant and does not tolerate freezing or frost. Can be grown in large containers and brought indoors during cold temperatures. Moringa is also drought tolerant. Also known as Drumstick Tree, Horseradish Tree, Ben Oil Tree, and Benzolive Tree. An excellent choice for home gardens, open production, and commercial production. A variety from India.



#### TR24-20 - Olive Tree Seeds

*Olea europaea*. Perennial. Open Pollinated. Olive Tree. The tree produces quality olives. The plant has evergreen gray green leaves and many fragrant flowers. This makes a good ornamental tree. Excellent for school projects. Try growing your own olives. Drought Resistant. Olives are grown commercially in California. A variety from Italy.



#### TR21-5 - Pawpaw Tree Seeds

*Asimina triloba*. Open Pollinated. Pawpaw Tree. This fruit tree produces excellent yields of edible Pawpaw. The fruit has a banana flavor. It is extremely nutritious and delicious. The tree has drooping leaves. Requires a sunny location. Well adapted to the climate in North America. Perfect for school projects. Kids love them! An excellent choice for home gardens, open production, and commercial production. A native fruit tree from North America growing wild in Southern Ohio and in the Ohio River Valley.



#### TR30-5 - Star Apple Tree Seeds

*Chrysophyllum cainito*. Open Pollinated. Star Apple Tree. This tropical tree produces heavy yields of edible 2 to 4" diameter round dark-purple fruit. The tree produces up to 150 lbs of fruit. The skin and rind are not edible. When opening a Star Apple, cut in half and spooned out the flesh. With a combination of chopped Star Apple flesh with Mango, Citrus, Pineapple, other fruits, and coconut water is frozen and served as Jamaica Fruit Salad Ice. It is also used for medicinal uses to soothe inflammation in laryngitis and pneumonia. It is given as a treatment for diabetes mellitus, and as a decoction is gargled to relieve angina. The leaves are used as a cancer remedy. The latex from the tree is applied to abscesses. Also taken as a diuretic, febrifuge, and remedy for dysentery. The wood of the tree is used for heavy building construction used to make furniture and cabinetwork. The Star Apple Tree is a tropical tree that does well only in the warm locations of southern Florida and on the Florida Keys. Trees are seriously injured at 28 F and below temperatures. It was introduced into Ceylon in 1802 and then brought to the Philippines and has become a very common roadside fruit tree. A variety originating from Jamaica.

