

## Herbs

### HB141-100 - Stevia Seeds

120 days. Stevia rebaudiana. Perennial. Stevia. Open Pollinated. The plant produces high yields of dark green leaves. It is used as a sweetener. Stevioside is 300 times sweeter than sugar but without calories. It can be used in place of sugar in drinks, baked goods, desserts, preserves, etc. Also plaque retardant and tooth decay inhibitor. It is a useful sweetener for diabetics and dieters and is used to treat blood pressure problems. Suitable for containers. An excellent choice for home gardens. A variety from South America.

