

Kale

[KL5-750 - Dwarf Blue Curled Scotch Kale](#)

56 days. Brassica oleracea. Open Pollinated. This early variety produces flavorful green leaves. Great in salads, sandwiches, and soups. Also great steamed, boiled, baked, or stir-fried. Great freezing variety too! This variety withstands colder weather better than other varieties. It is one of the best frost-resistant kales on the market. Cold Resistant. An excellent choice for home gardens. An heirloom variety dating back to 1863. United States Department of Agriculture, NSL 80302.



[KL6-750 - Dwarf Essex Rape](#)

60 days. Brassica napus. Open Pollinated. This early maturing plant produces excellent yields of kale. It is sweet, tender, and crunchy. Great for use in salads and on sandwiches. It is cooked in the same way as broccoli, boiled, steamed, or stir-fried. Dwarf Essex Rape is an excellent forage crop for livestock and wildlife including deer. Excellent choice for home gardens, market growers, and open field production. Heat Tolerant. Drought Tolerant. Cold Tolerant. United States Department of Agriculture, NSL 80306.



Seeding Rate: 8-10 lbs. per acre

[KL3-750 - Premier Kale](#)

55 days. Brassica oleracea. Open Pollinated. This early variety produces heavy crops of deep green kale leaves. Very flavorful. Used fresh in salads and on sandwiches or cooked. This variety stands 3 to 4 weeks longer than other varieties. Provides higher yields when seeded in the fall for spring harvest. Most gardeners will be able to overwinter plants started in the fall. Spring-started plants will get very large. Extremely high in antioxidants and beta carotene. Also known as Early Hanover Kale. It is a slow bolting variety that is best suited to cooler climates. Great variety for wildlife forage, preferred forage for deer. An excellent choice for home gardens and market growers. United States Department of Agriculture, G 30729.

