

# Gourds

## [GD56-10 - Nam Tao Ngam Gourd Seeds](#)

45 days. *Lagenaria siceraria*. (F1) Nam Tao Ngam Gourd. This early maturing plant produces high yields of 20" long bright green gourds. It is used as you would a Zucchini squash. It is best when used when the gourd is tender as it becomes bitter with age. Also known as Long Melon, Opo Squash, and Calabashes. An excellent choice for home gardens. A variety from India.

