

Spinach

[SN7-100 - Viroflay Spinach Seeds](#)

21 to 45 days. *Spinacia oleracea*. Open Pollinated. Viroflay Spinach. This early maturing plant produces good yields of very flavorful smooth dark green spinach leaves. If used for baby leaves, they can be harvested in just 21 days. This variety has a low acid taste. The leaves can grow up to 10" long. Usually steamed or boiled for nutritious greens and used to make an exciting salad. Viroflay Spinach is also used to treat illness, boost brain health, and aid in digestion. This fast growing spinach can be planted in the third week of August for fall crops. Also known as Monster of Viroflay Spinach and Monstrueux de Viroflay Spinach. An excellent choice for home gardens and market growers. An 1866 heirloom from France. United States Department of Agriculture, PI 192146.

