

Kale

[KL11-750 - Lacinato Kale Seeds](#)

62 days. Brassica oleracea. Open Pollinated. Lacinato Kale. This early-maturing plant produces high yields of flavorful blue-green kale leaves. It is sweet and tender. Used fresh in salads, on sandwiches, in soups, or cooked. It is best eaten when leaves are small and tender. The flavor is enhanced by frost! Also known as Dinosaur Kale, Tuscan Kale, Black Cabbage Kale, Black Kale, Black Palm Kale, Cavolo Palmizio Kale, Nero di Toscana Kale, and Tuscan Black Palm Cabbage. Suitable for hydroponics gardening. Cold Tolerant. An excellent choice for home gardens, market growers, and open field production. Grown by Jefferson at Monticello, Virginia, USA. A 1700s heirloom from Tuscany, Italy.

