

# Squash

## [SQ18-20 - Vegetable Spaghetti Squash Seeds](#)

100 days. Cucurbita pepo. Open Pollinated. Vegetable Spaghetti Squash. The plant produces good yields of 3 to 5 lb oblong cylindrical shaped Spaghetti squash. The creamy colored squash is filled with spaghetti like strands of buttery light yellow flesh. Bake for 40 to 50 minutes, then cut open and scrape out strands, top off with spaghetti sauce and cheese to make low-carb pasta! Stores well can be stored for 6 months in a cool, dry place. An excellent choice for home gardens, farmer's markets, and market growers. An heirloom variety was originally from China and was introduced to Japan in 1921 by a Chinese agricultural research company. United States Department of Agriculture, PI 381323. A winter squash variety.

