

## Herbs - S

### [HB178-500 - Italian Plain Parsley](#)

78 days. *Petroselinum crispum*. Biennial. Open Pollinated. The plant produces good yields of curled glossy dark green parsley leaves. This variety has plain flat curled leaves. It is very attractive and used to garnish many dishes like fish, sauces, and pasta. Excellent drying variety that has a strong parsley taste. Also known as Celery Leaf Parsley. Excellent choice for home gardens and specialty markets.



### [HB165-1 - Saffron Bulbs](#)

*Crocus sativus*. Perennial. Open Pollinated. The plant produces good yields of saffron which is the world's most expensive spice. The plant has violet-purple flowers with brilliant orange-red stigmas that are the source of the aromatic culinary spice. It takes 150,000 orange-red stigmas of the flowers to make two pounds of the spice. Used by Gourmet Chefs around the world. You don't need to purchase this expensive spice again! Grow your own plants for home use or for restaurant use. The lovely lavender blossoms in fall are an added bonus to your garden. Planted in the fall, it bears lovely lavender flowers the following autumn. Order at least 5 to 10 bulbs to produce enough spice for one recipe. Plant 100 bulbs to produce enough space for the entire year. Suitable for containers, patios, borders/ rock gardens, window boxes, square-foot gardening, and small gardens. A variety from Greece.



### [HB84-100 - Sage Seeds](#)

90 days. *Salvia officinalis*. Perennial. Open Pollinated. Sage. The plant produces excellent yields of very flavorful silver green leaves. Used fresh or dried to season beans, cheese, poultry, pork, sausages, omelets, cheese and bean dishes, meats, sauces, and tomato dishes. Also used as a digestive and nerve tonic. Sage tea is used to gargle for sore throat. Perfect as a border plant in the herb garden. Suitable for containers. Sage naturally dies after about 5 years, so replant every 3 years. Also known as Broadleaf Sage, Common Sage, and Garden Sage. Excellent choice for home gardens. A variety from the USA.



### [HB105-250 - Salad Burnet](#)

70 days. *Sanguisorba minor*. Perennial. Open Pollinated. The plant produces excellent yields of salad burnet leaves. It is very flavorful and tastes and smells like cucumbers. Used in salads, sandwiches, soups, and stews. Adds cucumber flavor to vinegar, cream cheese, and cold drinks. Also said to be used in facial treatments to improve skin. Also known as Pimpinella. Keep flowers cut to promote leaf growth. Suitable for container gardening. An excellent choice for home gardens.



### [HB126-250 - Santo Coriander Seeds](#)

55 days. *Coriandrum sativum*. Annual. Open Pollinated. Santo Coriander. This early maturing plant produces good yields of very pungent leaves and seeds. This high quality coriander is a fast growing strain grown by market growers. Used in seasoning pickles, bean dishes, chicken, meats, salsa, and spicy foods. Excellent in Mexican, Chinese, and Latin American dishes. The leaves are referred to as Cilantro and the seeds are referred to as Coriander. A member of the dill family. Suitable for containers. A slow bolting variety. Attracts beneficial insects. Cold Tolerant. An excellent choice for home gardens and greenhouses.



### [HB66-500 - Sesame Seeds](#)

65 days. *Sesamun indicum*. Annual. Open Pollinated. Sesame. The plant produces high yields of flavorful leaves and seeds. Leaves are used in tea. Seeds are used in candies, pastries, bread, soups, salads, and Oriental dishes. Produces a lovely bell-shaped flower. Also used for feeding turkey, duck, dove, pheasant, rabbit, quail, and birds. An excellent choice for home gardens. A variety from India.



**Seeding Rate: 6 per acre**

### **HB14-500 - Siam Queen Basil**

#### **1997 All-America Selections Winner!**

75 days. *Ocimum basilicum*. Annual. Open Pollinated. The plant produces very flavorful 4" long by 2" wide green basil leaves. This is an improved variety with an outstanding licorice fragrance and flavor. Used in tea, sauces, soups, salads, chicken, seafood, and Thai dishes. Suitable for containers. An excellent choice for home gardens.



### **HB128-250 - Slow Bolt Coriander Seeds**

45 days. *Coriandrum sativum*. Annual. Open Pollinated. Slow Bolt Coriander. This early maturing plant produces very pungent leaves and seeds. Used in seasoning pickles and meats. Excellent in Mexican, Chinese, and Latin American dishes. This variety is very slow to bolt. The leaves are referred to as Cilantro and the seeds are referred to as Coriander. Suitable for containers. A member of the dill family.



### **HB106-500 - Soapwort**

85 days. *Saponaria officinalis*. Perennial. Open Pollinated. The plant produces good yields of beautiful flowers and dark green leaves. It is used in making homemade soups, shampoo, or delicate fabric wash by soaking roots and leaves in hot water. Also used to relieve skin itchiness, and pain relief, and as a soap. Attracts bees, butterflies, and hummingbirds. A variety from Europe.



### **HB67-500 - Sorrel Seeds**

60 days. *Rumex acetosa*. Perennial. Open Pollinated. Sorrel. The plant produces good yields of 8" long greens used in salads, soups, and sauces for fish dishes. It has a lemon flavor and is high in Vitamin C. Used in diets for scurvy. A common native species in the grasslands. An excellent choice for home gardens. United States Department of Agriculture, PI 27761.



### **HB68-250 - Spearmint Seeds**

85 days. *Mentha spicata*. Perennial. Open Pollinated. Spearmint. The plant produces good yields of dark green spearmint leaves. This sweet smelling spearmint is used in candy, teas, jellies, desserts, lamb dishes, and salads. Also used as a garnish on ice cream, iced drinks, and melons. Adds fragrance to toothpaste, lotions, and tinctures. Spearmint tea is used for medical purposes to treat many ailments, including nausea, hiccups, and poor digestion. Suitable for containers. An excellent choice for home gardens. A variety from the USA.



### **HB15-500 - Spicy Globe Bush Basil**

70 days. *Ocimum basilicum*. Annual. Open Pollinated. This small compact bush-type plant produces very flavorful basil leaves. It is very slow to bolt. Used in sauces, salads, and Italian dishes. Very beautiful. Suitable for containers and landscaping borders. An excellent choice for home gardens.



### **HB69-500 - St John's Wort**

85 days. *Hypericum perforatum*. Perennial. Open Pollinated. This shrubby plant produces good yields of green leaves with bright yellow flowers. It is used as an antidepressant, sedative, and wound healing. Also an excellent ground cover. Very easy to grow. A variety from the Mediterranean region.



### **HB141-100 - Stevia Seeds**

120 days. *Stevia rebaudiana*. Perennial. Stevia. Open Pollinated. The plant produces high yields of dark green leaves. It is used as a sweetener. Stevioside is 300 times sweeter than sugar but without calories. It can be used in place of sugar in drinks, baked goods, desserts, preserves, etc. Also plaque retardant and tooth decay inhibitor. It is a useful sweetener for diabetics and dieters and is used to treat blood pressure problems. Suitable for containers. An excellent choice for home gardens. A variety from South America.



### **HB134-500 - Summer Savory Seeds**

70 days. *Satureja hortensis*. Annual. Open Pollinated. Summer Savory. The plant produces good yields of peppery flavor leaves. Excellent for flavoring sausage, egg dishes, cabbage, sauerkraut, beans, peas, and lentil dishes. A peppery flavor to add to dressings and sauces. It is often called the bean herb. Also used to make tea for sore throats, asthma, the common cold, and a persistent cough. It is often used as a remedy for stings, insect bites, and skin irritations. It has an added benefit as it repels insects. An excellent choice for home gardens.



### **HB32-250 - Superdukat Dill**

85 days. *Anethum graveolens*. Annual. Open Pollinated. The plant produces good yields of very flavorful leaves and seeds. This variety has more foliage than other varieties. Seeds are used as a pickling spice and leaves are used in omelets, fish dishes, and salads. Also used as a garnish. Leaves can be dried for later use. An excellent choice for home gardens.



### **HB87-250 - Sweet Dani Basil**

#### **1998 All-America Selections Winner!**

61 days. *Ocimum basilicum*. Annual. Open Pollinated. The plant produces good yields of basil leaves. The leaves are beautiful and have a lemon-scented taste. Excellent for salads and Thai dishes. Good drying and freezing variety. Suitable for containers. An excellent choice for home gardens.



### **HB61-1000 - Sweet Marjoram Seeds**

90 days. *Origanum majorana*. Perennial. Open Pollinated. Sweet Marjoram. The plant produces good yields of very flavorful Marjoram leaves. This herb has an Oregano-like flavor. Used in meats, stews, casseroles, poultry, sausages, and sauces. The flowers are used to garnish salads, soups, stews, sauces, and stuffing. It can be used dried or fresh. Suitable for containers. An excellent choice for home gardens. A variety from the Mediterranean region.



### **HB16-500 - Sweet Thai Basil Seeds**

59 days. *Ocimum basilicum*. Annual. Open Pollinated. Sweet Thai Basil. The plant produces very aromatic-spicy anise clove-scented basil leaves. Used in many Thai and Vietnamese dishes. Also known as Horapha in Thailand and Hun Que in Vietnam. Suitable for containers. An excellent choice for home gardens.



### **HB97-1000 - Sylvetta Arugula Seeds**

45 days. *Diplotaxis tenuifolia*. Annual. Open Pollinated. Sylvetta Arugula. This early maturing plant produces excellent yields of beautiful dark green arugula leaves. Used in salads and sandwiches. It is very flavorful with a spicy taste and is added to Pasta dishes. Slower to bolt than other varieties. Also known as Rucola Selvatica. Heat Tolerant. Cold Tolerant. Suitable for hydroponic gardening. Excellent choice for home gardens, greenhouses, market growers, and open field production. A variety from the Mediterranean region.

