



Cress

CR3-100 - Peppergrass

30 days. *Lepidium sativum*. Open Pollinated. Plant produces excellent yields of spicy green leaves. It is very flavorful with a peppery and refreshing taste. Great for salads, stuffing, sandwiches, soups, or as a garnish. The seeds and leaves are used as a spicy condiment. Also known as Garden Cress. Best when harvested when 4 to 6" high. This is a fast growing plant and quickly produces crops. Sow often for a continuous crop. Suitable for containers. Excellent choice for home gardens.



CR1-100 - Upland Cress

50 days. *Lepidium sativum*. Open Pollinated. The plant produces excellent yields of flavorful peppery dark green cress leaves. Excellent fresh for salads or cooked as greens. Great on cucumber and cream cheese sandwiches. Harvest at any stage from small size to full maturity. Leaves, shoots, and flower buds are all delicious. Also known as Creasy Greens and Winter Cress. Suitable for container gardening and greenhouse production. An excellent choice for home gardens. United States Department of Agriculture, NSL 6403.



CR2-100 - Watercress

50 days. *Nasturtium officinale*. Open Pollinated. The plant produces excellent yields of dark green small crisp watercress leaves. It has a very flavorful peppery taste. Used in gourmet dishes, salads, sandwiches, and vegetarian dishes. High in Vitamin A and C. Excellent choice for home gardens. United States Department of Agriculture, NSL 6404.



CR4-100 - Wrinkled Crinkled Cress

25 days. *Lepidium sativum*. Open Pollinated. Plant produces excellent yields of green cress leaves. A very crinkled and ruffled garden cress, thus the name of the cress. It has a sweet, spicy, tangy, and peppery flavor. Great fresh or cooked as greens. Perfect for soups, salads, sandwiches, stir-fry, and garnishes. High in Vitamin C. This variety holds well in the field. and is recommended for home gardens and market growers due to its bolt resistance, ease of harvest, and multiple cuttings from a single planting. Excellent choice for home gardens, market growers, and open field production.

