

## Herbs - C

### [HB18-250 - Caraway](#)

*Carum carvi*. Biennial. Open Pollinated. The plant produces excellent yields of flavorful seeds and leaves used in bread, coleslaw, soups, meat dishes, and cheese. Also said to aid in indigestion. The seeds can be used as a flavoring in bread, cake, and apple pie. The young leaves are used in salads and soups. The mature leaves are eaten like spinach. The roots are boiled and eaten like potatoes or added to soups. Seeds can be sowed in autumn. Very easy to grow. An excellent choice for home gardens.



### [HB121-100 - Catgrass](#)

*Dactylis glomerata*. Open Pollinated. The plant produces green blades of catgrass. Cats love nibbling on it to help their digestive system. Perfect for indoor cats or during the winter, when your outdoor cat may not be able to find grass. This snack can be grown not only for cats, but for rabbits, chickens, birds, and dogs! Easy to grow in pots. Note: Catgrass is for pet use only, not for human consumption.



### [HB19-100 - Catmint](#)

*Nepeta mussini*. Perennial. This bush-type plant produces beautiful lavender flowers and gray-green leaves. The sweet aroma contains ingredients that attract cats. Used in making teas that relieve tension and sleeplessness. Also used as an insect repellent. The plant does well in partial shade, full sun, hot weather, and a wide range of soils. A small plant is suitable for containers.



### [HB20-500 - Catnip](#)

85 days. *Nepeta cataria*. Perennial. The plant produces flavorful leaves. Used in salads, sauces, soups, and teas. Also said to have medicinal uses to relieve colds, flu, and fever. The plant has a strong aromatic scent that attracts cats who love to roll in the foliage.



### [HB110-500 - Champion Moss Curled Parsley](#)

70 days. *Petroselinum crispum*. Biennial. The plant produces high yields of bright green curled parsley leaves. Excellent for drying, garnishes, soups, and salads. Does well in hot weather. Heat Tolerant. A standard popular strain for home gardens and market growers.



### [HB29-500 - Chervil](#)

60 days. *Anthriscus cerefolium*. Annual. Open Pollinated. The plant produces good yields of parsley-like leaves. The aromatic leaves have an Anise-like flavor and are used with fish, potatoes, and soups. The flowers are edible and used in salads. The taste is of mild licorice. Attractive garnish! Also known as Brussels Winter and French Parsley. Slow Bolting. An excellent choice for home gardens.



### **HB195-500 - Chia**

100+ days. *Salvia hispanica*. Annual. Open Pollinated. The plant produces excellent yields of beautiful fuzzy dark green leaves with blue flowers. This herb has many health benefits. The seeds have an excellent source of fiber, protein, calcium, and digestive enzymes. The leaves contain powerful antioxidants that improve overall health as well as increase energy. You can make a therapeutic tea from the leaves that banish lethargy and purifies the body. It is said the fiber and protein in Chia seeds are beneficial for those trying to lose weight. An excellent choice for home gardens. An heirloom variety from Guatemala and Mexico.



### **HB132-500 - Chives Seeds**

85 days. *Allium schoenoprasum*. Perennial. Open Pollinated. Chives. The plant produces heavy yields of chives. The dark green leaves have a mild onion flavor. Use fresh or freeze for year round use. Perfect in salads, stuffed eggs, baked potatoes, soups, omelets, cream cheese, sauces, and garnishes. Cuttings can be made all season long. A herb that can be planted indoors or outdoors. Suitable for containers and hydroponics gardening. They are great in patio pots, planted directly in the garden, and used as borders. Great as companion planting, as it is said that chives planted alongside carrots improve their growth. The lavender flowers attract bees, butterflies, and other beneficial insects. An excellent choice for home gardens. United States Department of Agriculture, PI 261639.



### **HB170-250 - Cilantro Coriander**

45 days. *Coriandrum sativum*. Annual. Open Pollinated. This early maturing plant produces very aromatic leaves and seeds. Used in seasoning pickles and meats. Excellent in Mexican, Chinese, and Latin American dishes. The leaves are referred to as Cilantro. The seeds are referred to as Coriander. A member of the Dill family. Excellent choice for an herb garden.



### **HB4-500 - Cinnamon Basil**

65 days. *Ocimum basilicum*. Annual. Open Pollinated. The plant produces good yields of very spicy and cinnamon flavor basil leaves. Used in sauces, salads, and Mexican dishes. Also known as Mexican Basil and Mexican Spice Basil. Suitable for containers. An excellent choice for home gardens and specialty markets.



### **HB89-250 - Clary Seeds**

65 days. *Salvia scarea*. Biennial. Open Pollinated. Clary. The plant produces good yields of beautiful and distinctive scented flowers. It is an excellent plant for potpourris or cut flowers. It is also used for making scented oils for perfumes. It is said to ease stomach ailments and stop aging. Attracts bees, butterflies, and hummingbirds. It is the perfect addition to your herb and flower gardens. It does well in poor soil. Also known as Clary Sage. An excellent choice for home gardens.



### **HB133-200 - Cumin Seeds**

115 days. *Cuminum cyminum*. Annual. Open Pollinated. Cumin. The plant produces good yields of pungent flavor seeds. The foliage is similar to dill. Used in cheese, bread, beans, rice, sausages, and pickling. Seeds are used to aid in digestion. Excellent in Mexican, Indian, and Middle Eastern dishes. Used to make Curry Powder. An excellent choice for an herb garden. A variety from the Mediterranean region.



### **HB30-1000 - Cutting Celery Seeds**

85 days. *Apium graveolens*. Annual. Open Pollinated. Cutting Celery. The plant produces good yields of very flavorful leaves used fresh in salads, pasta, soups, stews, and mixed vegetables. Also great when making tomato juice. Cutting celery is easy to grow! Also known as Leaf Celery. Suitable for containers. An excellent choice for home gardens.



