# Herbs - L

#### **HB93-100 - Leisure Coriander Seeds**

47 days. Coriandrum sativum. Annual. Open Pollinated. Leisure Coriander. This early maturing plant produces very pungent leaves and seeds that are used for culinary purposes. This variety is extra slow bolting and is great for hot weather regions. Used in seasoning soup, salsa, salads, pickles, meats, and fish. Excellent in Mexican, Chinese, and Latin American dishes. Start harvesting when the plant is 6" tall. The best



is you use fresh leaves as their flavor disappears when dried. Great for using as a garnish or decorating attractive dishes. The leaves are referred to as Cilantro and the seeds are referred to as Coriander. Also referred to as Chinese Parsley. An excellent choice for home gardens. A member of the dill family and native to the Mediterranean region.

#### HB45-1000 - Lemon Balm Seeds

70 days. Melissa officinalis. Perennial. Open Pollinated. Lemon Balm. The plant produces good yields of beautiful lemon scented leaves. Used to make delightful tea, sauces, salads, soups, stews, and summer drinks. It is said to stimulate the heart, calm the nerves, anxiety, honeybees, and butterflies, and upset stomachs. The leaves can be dried for storage. Attracts honeybees and butterflies. You should cut back the plant



when it starts blooming if you don't want it to seed. An heirloom variety dating back over 2,000 years. An excellent choice for home gardens. A variety from Europe.

## HB9-500 - Lemon Basil

75 days. Ocimum citriodorum. Annual. Open Pollinated. The plant produces good yields of beautiful shiny basil leaves. Leaves have a lemon flavor that is excellent for flavoring chicken dishes. Used in vegetable dishes, salads, tomato dishes, cheeses, omelets, tea, fish, and making herb vinegar. Suitable for container gardens. An excellent choice for home gardens. A variety from India.



## HB145-500 - Lettuce Leaf Basil

85 days. Ocimum basilicum. Annual. Open Pollinated. This bush-type plant produces good yields of very flavorful and tender basil leaves. Used in sauces, salads, veal, poultry, fish, vegetables, and gourmet dishes. Leaves can be used dried, fresh, or frozen. Suitable for containers. An excellent choice for home gardens. A variety from Japan.



# HB59-50 - Licorice

Glycyrrhiza glabra. Perennial. Open Pollinated. The plant produces good yields of licorice. It is used for cooking as well as medicinal uses. Used to make delicious candy, liquor, and sweetener for tea. Gglycyrrhizin, the sweet compound), is 50 times sweeter than sucrose! Also known to help with the treatment of throat, stomach, urinary, and intestinal problems. A variety from the Mediterranean region.



# HB136-500 - Licorice Basil

75 days. Ocimum basilicum. Annual. Open Pollinated. The plant produces high yields of basil leaves with purple-colored flowers. This variety has a licorice flavor. Excellent with fish, salads, and gourmet dishes. Used to treat headaches, stress, digestive health, and inflammation. Also known as Persian Basil and Anise Basil. Suitable for containers. An excellent choice for home gardens.



# HB11-250 - Lime Basil Seeds

60 days. Ocimum americanum. Annual. Open Pollinated. Lime Basil. The plant produces good yields of 2" long lime-flavored basil leaves. Excellent with salads and fish dishes. Suitable for containers. An excellent choice for home gardens. A variety from Thailand.



# **HB34-250 - Long Island Mammoth Dill**

75 days. Anethum graveolens. Annual. Open Pollinated. The plant produces high yields of very flavorful Dill leaves and seeds. Seeds are used as a pickling spice. Leaves are used in omelets, fish dishes, and salads. Also used as a garnish. Leaves can be dried for later use. This variety matures more quickly than others and also has higher yields. It is said that Dill can enhance the growth of cabbages, onions, lettuce, and



tomatoes. Attracts beneficial insects and butterflies. United States Department of Agriculture, PI 305462. Easy to grow. An excellent choice for home gardens.

## **HB26-250 - Long Standing Coriander Seeds**

45 days. Coriandrum sativum. Annual. Open Pollinated. Long Standing Coriander. This early maturing plant produces good yields of very pungent leaves and seeds. The leaves are sweet and spicy and are used to season pickles and meats. The seeds are used in bread, curry powder, and pastries. Excellent in Mexican, Chinese, and Latin American dishes. The leaves are referred to as Cilantro and the seeds are referred to as



Coriander. This variety bolts two weeks after other varieties. Suitable for spring and fall plantings. A member of the dill family. Also known as Chinese Parsley or Mexican Parsley. An excellent choice for home gardens.

## HB48-500 - Lovage

90 days. Levisticum officinale. Perennial. Open Pollinated. The plant produces good yields of glossy dark green leaves. It has a celery-like flavor. Used in salads, rice, soups, stews, potatoes, poultry dishes, and casseroles. Known for the treatment of digestive problems. Attracts beneficial insects. An excellent choice for home gardens.

